The Periodic Table of Strengths

Dr. Laurie Schreiner’s Talent Descriptors

**Striving:** Motivational strengths that generate and focus energy to accomplish a lot

**Relating:** Interpersonal bonding, forming deeply meaningful, close, and strong personal relationships

**Impacting:** Interpersonal strengths that enable a person to impact or influence others in a powerful way

**Seeing:** Strengths of perception, organization, and information processing that produce lifelong learning

Purple = Executing, Yellow = Influencing, Red = Strategic Thinking, and Blue = Relationship Building

*Theme craves reciprocity (Ex: If you are responsible, you want others to be as well)